



# Hastings and Rother

Clinical Commissioning Group

## Common Mental Health Disorders

This profile has been developed to support the Mental Health Intelligence Network's aim to improve the health of communities by making data and information accessible.

The Common Mental Disorders profile presents all CCG level indicators contained within the Common Mental Health Disorders Profiling Tool: <http://fingertips.phe.org.uk/profile-group/mental-health/profile/common-mental-disorders> The tool provides commissioners, service providers, clinicians, services users and their families with the means to benchmark their area against similar populations and gain intelligence about what works.

Indicators are presented under the headings Risk and Related Factors, Prevalence, Services, Quality and Outcomes, and Finance.

Note: this profile presents CCG geography indicators only and therefore only shows part of the picture (in particular for Risk and Prevalence where many indicators are local authority based). To see all indicators please view the Common Mental Health Disorders Profiling Tool.

### CMHD pathway

		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Socioeconomic deprivation: overall IMD score (2015)	■	2015	25.8	21.8	5.7		51.5
Long-term health problem or disability: % of population	■	2011	22.8	17.6	11.2		25.6
Estimated prevalence of common mental health disorders: % of population aged 16-74	■	2014/15	13.8 ^	15.6	10.3		25.5
Depression recorded prevalence (QOF): % of practice register aged 18+	■	2015/16	10.9	8.3	4.5		14.1
Depression recorded incidence (QOF): % of practice register aged 18+	■	2015/16	2.0	1.4	0.6		2.8
Assessment of depression: % of adults with a new diagnosis of depression who had a bio-psychosocial assessment on diagnosis	■	2013/14	81.7	75.8	47.2		90.2
Antidepressant prescribing: average daily quantities (ADQs) per STAR-PU	■	2015/16	1.7	1.4	0.6		2.0
Access to IAPT services: people entering IAPT (in month) as % of those estimated to have anxiety/depression	■	Jun 2016	17.2	16.1	2.9		31.0
Waiting < 6 weeks for IAPT treatment (standard measure): % of referrals that have finished course of treatment waiting	■	Jun 2016	71.4	84.8	10.0		100
Completion of IAPT treatment: rate (quarterly) completing treatment per 100,000 population aged 18+	■	2016/17 Q1	342	334	70		762
IAPT problem descriptor completeness: % (in quarter) of IAPT referrals with an ICD-10 code	■	2014/15 Q4	40.2	53.1	0.0		100

Note: ^ - Value estimated

CMHD pathway continued		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
IAPT paired data completeness: % of completed treatments (in month) with paired PHQ9 and ADSM scores	■	Jun 2016	94.3	98.4	86.1		100
IAPT recovery: % of people who have completed IAPT treatment who are "moving to recovery"	■	Jun 2016	50.0	48.8	25.8		71.4
IAPT reliable improvement: % of people (in quarter) who have completed IAPT treatment who achieved "reliable improvement"	■	2016/17 Q1	60.8	64.8	38.6		80.7

## Risk and related factors

		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Socioeconomic deprivation: overall IMD score (2015)	■	2015	25.8	21.8	5.7		51.5
Income Deprivation Affecting Older People Index (IDAOPI): % of population aged 60+	■	2015	16.0	16.2	6.6		52.9
CHD and diabetes: % of patients on the GP register with CHD and/or diabetes	■	2012/13	8.3	7.3	4.3		10.4
Estimated prevalence of common mental health disorders: % of population aged 16-74	■	2014/15	13.8 ^	15.6	10.3		25.5

## Prevalence

		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Estimated prevalence of common mental health disorders: % of population aged 16-74	■	2014/15	13.8 ^	15.6	10.3		25.5
Depression recorded prevalence (QOF): % of practice register aged 18+	■	2015/16	10.9	8.3	4.5		14.1
Depression recorded incidence (QOF): % of practice register aged 18+	■	2015/16	2.0	1.4	0.6		2.8
Long-term mental health problems (GP Patient Survey): % of respondents (aged 18+)	■	2015/16	5.4	5.2	2.2		8.8
Depression and anxiety prevalence (GP Patient Survey): % of respondents (aged 18+)	■	2015/16	15.5	12.7	7.8		19.1

Note: ^ - Value estimated

## Services

		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Antidepressant prescribing: average daily quantities (ADQs) per STAR-PU	■	2015/16	1.7	1.4	0.6		2.0
Primary care prescribing of '1st choice' antidepressants: % of prescription items	■	2015/16	65.4	69.1	59.4		79.2
Hypnotics prescribing: average daily quantities (ADQs) per STAR-PU	■	2015/16	1.57	0.99	0.47		1.92
IAPT referrals: rate (quarterly) per 100,000 population aged 18+	■	2016/17 Q1	772	779	168		2114
IAPT use by BME groups: % of referrals (in quarter) which are for people of black and minority ethnic groups	■	2016/17 Q1	8.0	17.7	1.3		78.2
IAPT ethnic group coding completeness: % of referrals (in quarter) with a valid ethnic group code	■	2016/17 Q1	81.3	81.7	47.3		100
Access to IAPT services: people entering IAPT (in month) as % of those estimated to have anxiety/depression	■	Jun 2016	17.2	16.1	2.9		31.0
Entering IAPT treatment: rate (quarterly) beginning IAPT treatment per 100,000 population aged 18+	■	2016/17 Q1	597	568	90		1202
Completion of IAPT treatment: rate (quarterly) completing treatment per 100,000 population aged 18+	■	2016/17 Q1	342	334	70		762
IAPT problem descriptor completeness: % (in quarter) of IAPT referrals with an ICD-10 code	■	2014/15 Q4	40.2	53.1	0.0		100

## Quality and Outcomes

		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Assessment of depression: % of adults with a new diagnosis of depression who had a bio-psychosocial assessment on diagnosis	■	2013/14	81.7	75.8	47.2		90.2
Review of depression: % of newly diagnosed patients with depression who had a review 10-56 days after diagnosis	■	2015/16	63.5	64.6	28.1		78.6
Exception rate for depression: % of patients on depression register excluded from quality indicators	■	2015/16	22.4	22.2	9.3		53.8
Support for people with long-term conditions: % of people with long-term conditions visiting GP who feel they have had enough support from local services in last 6 months	■	2015/16	60.3	63.1	52.8		69.2
Waiting < 6 weeks to enter IAPT treatment (supporting measure): % of referrals (in month) waiting	■	Jun 2016	91.1	88.5	45.7		100
Waiting < 18 weeks to enter IAPT treatment (supporting measure): % of referrals (in month) waiting	■	Jun 2016	100	98.5	78.6		100
Average wait to enter IAPT treatment: mean wait for first treatment (days)	■	Jun 2016	25.2	21.7	4.1		63.1
Waiting < 6 weeks for IAPT treatment (standard measure): % of referrals that have finished course of treatment waiting	■	Jun 2016	71.4	84.8	10.0		100
Waiting < 18 weeks for IAPT treatment (standard measure): % of referrals that have finished course of treatment waiting	■	Jun 2016	94.3	97.5	52.0		100
IAPT recovery: % of people who have completed IAPT treatment who are "moving to recovery"	■	Jun 2016	50.0	48.8	25.8		71.4
IAPT reliable improvement: % of people (in quarter) who have completed IAPT treatment who achieved "reliable improvement"	■	2016/17 Q1	60.8	64.8	38.6		80.7
IAPT DNAs: % of IAPT appointments (in month) where patient did not attend and gave no advance warning	■	Jun 2016	10.1	11.7	2.3		28.6
Average IAPT treatment dosage: mean number of attended treatment appointments for those referrals finishing course of treatment (in month)	■	Jun 2016	7.5	6.6	3.7		10.0
Maximum IAPT treatment dosage: maximum number of attended treatment appointments for those referrals finishing course of treatment (in month)	■	Jun 2016	30	74	10		74
IAPT paired data completeness: % of completed treatments (in month) with paired PHQ9 and ADSM scores	■	Jun 2016	94.3	98.4	86.1		100

## Finance

		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Specialist mental health services spend: rate (£) per person	■	2013/14	165.65	151.07	76.58		272.45
Primary care prescribing spend on mental health: rate (£) per person	■	2013/14	16.95	12.31	3.01		24.59
% spend on specialist mental health services: % of all CCG spend categorised as mental health	■	2013/14	12.0	12.7	8.0		20.9
Cost of GP prescribing for antidepressant drugs: Net Ingredient Cost (£) per 1,000 STAR-PU (quarterly)	■	2016/17 Q1	57.6	52.3	21.5		95.0
Cost of GP prescribing for hypnotics and anxiolytics: Net Ingredient Cost (£) per 1,000 STAR-PU (quarterly)	■	2016/17 Q1	114.6	107.9	38.3		330.4

## Outcomes by problem descriptor

		Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
IAPT problem descriptor completeness: % of IAPT referrals finishing treatment with a valid ICD-10 code (annual)	■	2014/15	68.5	67.5	0.0		100
Recovery rate for depression: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	44.1	44.6	17.6		61.9
Recovery rate for all anxiety and stress related disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	52.4	47.8	16.6		78.9
Recovery rate for generalized anxiety disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	68.6	55.2	22.4		84.2
Recovery rate for mixed anxiety and depressive disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	49.1	44.5	16.1		70.0
Recovery rate for agoraphobia: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	- x	36.2	18.9		100
Recovery rate for social phobias: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	60.7	43.6	24.2		88.2
Recovery rate for specific phobias: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	72.7	62.7	33.1		100
Recovery rate for obsessive compulsive disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	37.8	47.6	24.0		88.2
Recovery rate for panic disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	50.0	53.0	23.3		100
Recovery rate for post-traumatic stress disorder: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	42.9	37.5	18.5		71.4
Recovery rate for other anxiety and stress related disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	- x	51.1	22.2		83.3
Recovery rate for other mental health disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	■	2014/15	54.5	41.4	19.4		100

Note: x - Value Missing

Outcomes by problem descriptor continued	Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Recovery rate for other non-mental health disorders: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	2014/15	- x	49.4	11.8		81.5
Recovery rate for those with unspecified problem descriptor: % of referrals finishing a course of treatment who are "moving to recovery" (annual)	2014/15	45.5	41.6	18.5		69.0
Completing treatment for depression: % of referrals finishing a course of treatment (annual)	2014/15	15.2	19.8	0.1		94.9
Completing treatment for all anxiety and stress related disorders: % of referrals finishing a course of treatment (annual)	2014/15	49.6	39.6	0.4		87.9
Completing treatment for generalized anxiety disorder: % of referrals finishing a course of treatment (annual)	2014/15	9.7	9.8	0.1		33.1
Completing treatment for mixed anxiety and depressive disorder: % of referrals finishing a course of treatment (annual)	2014/15	27.3	18.9	0.2		72.8
Completing treatment for agoraphobia: % of referrals finishing a course of treatment (annual)	2014/15	0.60	0.60	0.10		2.50
Completing treatment for social phobias: % of referrals finishing a course of treatment (annual)	2014/15	2.30	1.60	0.10		5.00
Completing treatment for specific phobias: % of referrals finishing a course of treatment (annual)	2014/15	1.50	0.70	0.10		3.70
Completing treatment for obsessive compulsive disorder: % of referrals finishing a course of treatment (annual)	2014/15	3.40	1.70	0.20		7.30
Completing treatment for panic disorders: % of referrals finishing a course of treatment (annual)	2014/15	1.80	2.10	0.10		9.60
Completing treatment for post-traumatic stress disorder: % of referrals finishing a course of treatment (annual)	2014/15	2.90	1.90	0.20		7.60
Completing treatment for other anxiety and stress related disorders: % of referrals finishing a course of treatment (annual)	2014/15	- x	2.4	0.2		22.0
Completing treatment for other mental health disorders: % of referrals finishing a course of treatment (annual)	2014/15	3.6	6.2	0.1		83.6
Completing treatment for other non-mental health disorders: % of referrals finishing a course of treatment (annual)	2014/15	- x	1.9	0.2		98.5
Completing treatment with unspecified problem descriptor: % of referrals finishing a course of treatment (annual)	2014/15	31.5	32.2	0.2		100

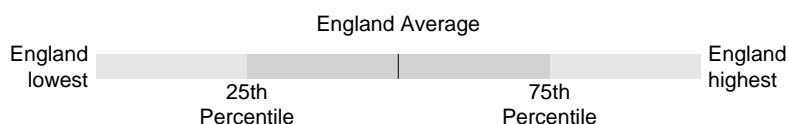
## Availability of therapy type

	Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Referrals receiving CBT: number of referrals finishing a course of treatment who received CBT (high intensity therapy) (annual)	2014/15	680	189162	55		4665
Referrals receiving counselling: number of referrals finishing a course of treatment who received counselling (high intensity therapy) (annual)	2014/15	120	76259	5		3065
Referrals receiving couples therapy: number of referrals finishing a course of treatment who received couples therapy (high intensity therapy) (annual)	2014/15	5	2051	5		155

Note: x - Value Missing

Availability of therapy type continued	Period	Local value	Eng. value	Eng. lowest	Range	Eng. highest
Referrals receiving interpersonal psychotherapy: number of referrals finishing a course of treatment who received interpersonal psychotherapy (high intensity therapy) (annual)	2014/15	5	5461	5		360
Referrals receiving brief psychodynamic psychotherapy: number of referrals finishing a course of treatment who received brief psychodynamic psychotherapy (high intensity therapy) (annual)	2014/15	- x	2423	5		305
Referrals receiving other high intensity therapy: number of referrals finishing a course of treatment who received other high intensity therapy (annual)	2014/15	20	35404	5		1575
Referrals receiving guided self help: number of referrals finishing a course of treatment who received guided self help (low intensity therapy) (annual)	2014/15	185	171975	5		5295
Referrals receiving pure self help: number of referrals finishing a course of treatment who received pure self help (low intensity therapy) (annual)	2014/15	210	64204	5		3005
Referrals receiving CCBT: number of referrals finishing a course of treatment who received CCBT (low intensity therapy) (annual)	2014/15	- x	6814	5		1460
Referrals receiving other low intensity therapy: number of referrals finishing a course of treatment who received other low intensity therapy (annual)	2014/15	305	85663	5		3965
Referrals receiving employment support: number of referrals finishing a course of treatment who received employment support (annual)	2014/15	- x	1666	5		265
High intensity therapies available: number of high intensity therapies available	2014/15	5	6	0		6
Low intensity therapies available: number of low intensity therapies available	2014/15	3	4	0		4

- Significantly lower than England average
- Not significantly different from England average
- Significantly higher than England average
- Significance not calculated
- ◆ Regional average



Data quality: ■ Robust ■ Some concerns ■ Significant concerns

Indicators included in spine-charts are drawn from a range of sources, are based on differing populations and are presented for a number of time periods. Detail relating to each indicator is included within the tool under 'definitions'.

<http://fingertips.phe.org.uk/profile-group/mental-health/profile/common-mental-disorders>

Note: x - Value Missing